



# WHOLE TREE DENTISTRY

## SLEEP & BREATHING WELLNESS

Thank you for choosing our practice. Please complete this form in ink. If you have any questions or concerns, do not hesitate to ask for assistance. We will be happy to help.

### PATIENT INFORMATION

DATE \_\_\_\_\_

PATIENT'S NAME \_\_\_\_\_ DOB \_\_\_\_\_

SOCIAL SECURITY # \_\_\_\_\_ SEX:  MALE  FEMALE MARITAL STATUS: \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY/ST/ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_

DRIVER'S LICENSE #: \_\_\_\_\_ STATE: \_\_\_\_\_ E-MAIL ADDRESS \_\_\_\_\_

PHARMACY NAME: \_\_\_\_\_ PHARMACY PHONE #: \_\_\_\_\_

EMPLOYER: \_\_\_\_\_ EMPLOYER ADDRESS: \_\_\_\_\_

WHOM MAY WE THANK FOR REFERRING YOU TO OUR OFFICE? \_\_\_\_\_

OTHER FAMILY MEMBERS SEEN BY US: \_\_\_\_\_

### RESPONSIBLE PARTY INFORMATION (IF DIFFERENT THAN ABOVE)

NAME \_\_\_\_\_ RELATIONSHIP TO PT: \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY/ST/ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_

SOCIAL SECURITY # \_\_\_\_\_ DOB \_\_\_\_\_ SEX:  MALE  FEMALE

EMPLOYER \_\_\_\_\_ OCCUPATION \_\_\_\_\_

### EMERGENCY CONTACT INFORMATION

NAME \_\_\_\_\_ PHONE \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_

### INSURANCE INFORMATION - PRIMARY

INSURANCE COMPANY NAME \_\_\_\_\_

EMPLOYER OF POLICY HOLDER \_\_\_\_\_

POLICY OWNER'S NAME \_\_\_\_\_ RELATIONSHIP TO PATIENT: \_\_\_\_\_

INSURANCE CLAIM ADDRESS: \_\_\_\_\_

INSURANCE CLAIM PHONE # \_\_\_\_\_ INSURANCE ID# \_\_\_\_\_ GROUP # \_\_\_\_\_

GROUP # \_\_\_\_\_ PHONE# \_\_\_\_\_

ASSIGNMENT OF BENEFITS: I assign all medical and/or surgical benefits to which I am entitled including major medical, Medicare, Private Insurance and any other health plan to Whole Tree Dentistry. This agreement will remain in effect until revoked by me in writing. A photocopy of this assignment is to be considered as valid as an original. I understand that I am financially responsible for all charges and I authorize said assignee to release all information necessary to secure payment.

\*\*\*PAYMENT IS EXPECTED AT THE TIME SERVICES ARE RENDERED\*\*\*

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_



# WHOLE TREE DENTISTRY

SLEEP & BREATHING WELLNESS

## ADULT NEW PATIENT REGISTRATION & MEDICAL BACKGROUND INFORMATION

### PATIENT INFORMATION

PATIENT'S NAME \_\_\_\_\_ DOB \_\_\_\_\_

CHIEF COMPLAINT: \_\_\_\_\_

### SLEEP HISTORY

LIGHTS OUT: \_\_\_\_\_  AM  PM

LIGHTS ON: \_\_\_\_\_  AM  PM

Number of awakenings during the night: \_\_\_\_\_

Trips to the bathroom during the night: \_\_\_\_\_

Do you take any sleep aids to help you sleep?  Yes  No

If yes, what kind? \_\_\_\_\_

### MEDICATIONS (including prescription and over-the-counter)

1. \_\_\_\_\_

5. \_\_\_\_\_

2. \_\_\_\_\_

6. \_\_\_\_\_

3. \_\_\_\_\_

7. \_\_\_\_\_

4. \_\_\_\_\_

8. \_\_\_\_\_

Do you have a history of any of the following? (Check if "YES" to any of the following)

Difficulty falling asleep at night

Erectile dysfunction

Snoring

Decreased libido

Witnessed apneas

Hypertension/high blood pressure

Gasping/choking during sleep

Depressed mood/irritability

Sweating/perspiring in sleep

Anxiety/stressed out

Drooling in sleep

Difficulty with concentration

Dry mouth upon awakening

Memory problems

Teeth grinding/clenching

Cold hands/feet

Heart palpitations

Chest pain/chest discomfort

GERD/reflux/heartburn

Shortness of breath during the day

Excessive daytime sleepiness

Acting out dreams

Tired/fatigued during the daytime

Morning headaches

Nasal allergies/hay fever/nasal congestion

Difficulty staying asleep

Asthma

Excessive movements in sleep

TMJ pain/jaw discomfort

Nightmares/bad dreams

Sleep walking/sleep talking

### PAST MEDICAL HISTORY

1. \_\_\_\_\_

5. \_\_\_\_\_

2. \_\_\_\_\_

6. \_\_\_\_\_

3. \_\_\_\_\_

7. \_\_\_\_\_

4. \_\_\_\_\_

8. \_\_\_\_\_



# WHOLE TREE DENTISTRY

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## ADULT NEW PATIENT REGISTRATION & MEDICAL BACKGROUND INFORMATION (CONT'D)

### PAST SURGICAL HISTORY

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

Have you ever had your tonsils and/or adenoids surgically removed?  Yes  No

### ALLERGY HISTORY

None Known  YES, to:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

### SOCIAL HISTORY

Caffeine: \_\_\_\_\_ # of cups of coffee per day \_\_\_\_\_ # of cups of tea per day  
\_\_\_\_\_ # cans or glasses of soda per day \_\_\_\_\_ # of servings of chocolate per week  
\_\_\_\_\_ # of energy drinks per day

Alcohol:  None  Yes \_\_\_\_\_ # of drinks per day \_\_\_\_\_ # of drinks per week \_\_\_\_\_ # of drinks per month

Tobacco:  None  Yes \_\_\_\_\_ # of packs per day \_\_\_\_\_ # of years

Recreational Drugs (such as marijuana or cocaine):  None  Yes

If yes, which ones? \_\_\_\_\_

Marital Status:  Married  Single  Divorced  Widowed

Children:  Yes  No How many? \_\_\_\_\_

Pets:  Yes  No How many? \_\_\_\_\_ What type of pet? \_\_\_\_\_

Do you have any children or pets that sleep in your bedroom?  No  Yes \_\_\_\_\_

### FAMILY HISTORY

Do you have a family history of any of the following medical illnesses? (Check if "YES" to any of the following)

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> High blood pressure/hypertension | <input type="checkbox"/> Diabetes           | <input type="checkbox"/> Chronic insomnia       |
| <input type="checkbox"/> Heart disease                    | <input type="checkbox"/> Overweight/obesity | <input type="checkbox"/> Restless legs syndrome |
| <input type="checkbox"/> Stroke                           | <input type="checkbox"/> Snoring            | <input type="checkbox"/> Multiple sclerosis     |
| <input type="checkbox"/> Congestive heart failure         | <input type="checkbox"/> Sleep apnea        | <input type="checkbox"/> Sleep walking          |
| <input type="checkbox"/> Depression                       | <input type="checkbox"/> Anxiety            |   |



## REVIEW OF SYMPTOMS

### CONSTITUTIONAL:

- Loss of appetite:  Yes  No  
Sweats:  Yes  No  
Fever:  Yes  No  
Fatigue:  Yes  No  
Weight Gain:  Yes  No  
Weight Loss:  Yes  No

### GASTROINTESTINAL:

- Heartburn/Indigestion:  Yes  No  
Black or Bloody Stools:  Yes  No  
Diarrhea:  Yes  No  
Nausea/Vomiting:  Yes  No  
Jaundice:  Yes  No  
Abdominal Pain:  Yes  No

### ALLERGY/IMMUNOLOGY:

- Sneezing:  Yes  No  
Runny Nose:  Yes  No  
Itchy Eyes or Nose:  Yes  No  
Hives:  Yes  No

### EYES:

- Blurry Vision:  Yes  No  
Double Vision:  Yes  No  
Vision Loss:  Yes  No

### CARDIAC:

- Palpitations:  Yes  No  
Chest Pain:  Yes  No  
Daytime Shortness of Breath:  Yes  No  
Nighttime Shortness of Breath:  Yes  No  
Ankle Swelling:  Yes  No

### SKIN:

- Unusual Moles:  Yes  No  
Rash:  Yes  No  
Dryness:  Yes  No

### ENDOCRINE:

- Weight Gain:  Yes  No  
Heat Intolerance:  Yes  No  
Excessive Thirst:  Yes  No  
Constipation:  Yes  No  
Cold Intolerance:  Yes  No

### RESPIRATORY:

- Cough:  Yes  No  
Shortness of breath:  Yes  No  
Wheezing:  Yes  No  
Poor Exercise Tolerance:  Yes  No

### GENITOURINARY:

- Bed Wetting:  Yes  No  
Frequent Urination:  Yes  No  
Difficulty Urinating:  Yes  No  
Blood in Urine:  Yes  No

### MUSCULOSKELETAL:

- Stiff/Sore Joints:  Yes  No  
Muscle Pain:  Yes  No  
Red or Swollen Joints:  Yes  No

### EARS/NOSE/THROAT/MOUTH:

- Hearing Loss:  Yes  No  
Sore Throat:  Yes  No  
Sinus Congestion:  Yes  No  
Hoarseness:  Yes  No

### NEUROLOGIC:

- Weakness:  Yes  No  
Seizures:  Yes  No  
Involuntary Tongue Biting:  Yes  No  
Passing Out:  Yes  No  
Dizziness:  Yes  No  
Headaches:  Yes  No  
Numbness:  Yes  No

### HEMA/LYMPH:

- Unexplained Weight Loss:  Yes  No  
Unusual Bleeding/Bruising:  Yes  No  
Swollen Lymph Nodes:  Yes  No

### PSYCH:

- Excess Stress:  Yes  No  
Memory Loss:  Yes  No  
Difficulty with Focus:  Yes  No  
Trouble Concentrating:  Yes  No  
Hallucinations:  Yes  No  
Nervousness or Anxiety:  Yes  No



## HIPAA NOTICE OF PRIVACY PRACTICES

This notice describes how medical information about you may be used and disclosed and how you can get access to this information.

This notice of Privacy Practices describes how we may use and disclose your protected health information (PHI) to carry out treatment, payment of health care operations and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information that may identify you and that relates to your past, present or future physical or mental health condition and related health care services.

### Uses and Disclosures of Protected Health Information

Your protected health information (PHI) may be used and disclosed by your dentist, office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, to pay your health care bills, to support the operation of the practice, and any other use required by law.

**Treatment:** We will use and disclose your protected health information to provide, coordinate, or manage your healthcare with any related health services. This includes the coordination or management of your health care with a third party. For example, we would disclose your PHI as necessary, to a durable medical equipment company that provides care to you. Your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

**Payment:** Your PHI will be used, as needed, to obtain payment for your health care services; For example, obtaining approval for an overnight sleep study may require that your relevant protected health information be disclosed to obtain approval or authorization.

**Healthcare Operations:** We may use or disclose your PHI, as necessary, to contact you to remind you of your appointment. We may also call you by name in the waiting room when your doctor is ready to see you.

We may use or disclose your PHI in the following situations without your authorization. These situations include, as required by law, public health issues as required by law, communicable diseases, abuse or neglect, FDA requirements, legal proceedings, law enforcements, coroners, criminal activities, military activities and national security, and worker's compensation. Under the law, we must make disclosures when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

Other permitted and required uses and disclosures will be made only with your consent, authorization or opportunity to object unless required by law. You may revoke the authorization at any time, in writing, except to the extent that your physician's practice has taken action in reliance on the use of disclosure indicated in the authorization.

### ACKNOWLEDGEMENT OF REVIEW OF NOTICE OF PRIVACY PRACTICES

I have reviewed this office's Notice Of Privacy Practices, which explains how my medical information will be used and disclosed. I understand that I am entitled to receive a copy of this document.

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Signature of Patient or Personal Representative

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Printed Name of Patient or Personal Representative

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Date



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## MEDICAL INFORMATION RELEASE FORM (HIPAA RELEASE FORM)

NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

### RELEASE OF INFORMATION

I authorize the release of information including the diagnosis, records, examinations rendered to me and claims information. This information may be released to:

- Spouse \_\_\_\_\_
- Child(ren) \_\_\_\_\_
- Other \_\_\_\_\_
- Information is not to be released to anyone

This Release of Information will remain in effect until terminated by me in writing.

### MESSAGES

- Please call:
- My Home \_\_\_\_\_
  - My Work \_\_\_\_\_
  - My Cell \_\_\_\_\_
  - Other \_\_\_\_\_

If unable to reach me:

- You may leave a detailed message
- Please leave a message asking me to return your call
- Other \_\_\_\_\_

The best time to reach me is (day) \_\_\_\_\_ between (time) \_\_\_\_\_.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date